



BLUEPRINTS FOR SAFE STREETS AND SCHOOLS:

the Governor's Conference
on Delinquency Prevention

October 28 - 29, 2008

Sheraton Eatontown
Eatontown, New Jersey

FEATURING OJJDP Best Practice Delinquency Prevention Programs

Join Governor Jon S. Corzine
and other state & national leaders
in examining evidence-based
approaches in support of New
Jersey's Prevention Strategy for
Safe Streets & Neighborhoods.

Sponsored by



NEW JERSEY ASSOCIATION OF COUNTY
Youth Services Commission Administrators

CONTENTS

LETTERS

3 - 5

TUESDAY AT A GLANCE

6

WEDNESDAY AT A GLANCE

7

WORKSHOP DESCRIPTIONS

8 - 16

PROGRAM DESCRIPTIONS

17 - 19

FACULTY

20 - 21

REGISTRATION INFORMATION

22

REGISTRATION FORM

23

WORDS OF WELCOME

This exciting state of the art conference has been designed to provide the opportunity for New Jersey youth serving professionals, educators, courts, law enforcement and key community leaders to meet with nationally known experts who have designed and implemented programs with a proven track record of impact on the lives of our nation's youth and families.

The conference offers over 20 sessions, presented by more than 20 subject matter experts. The local perspective is provided by New Jersey agencies that have implemented some of these best practice programs. Sessions are divided into clearly defined tracks to assist attendees in making the most of this information filled two-day program.

The closing workshop on Wednesday focuses on the critical issue of resources and is aptly entitled "Show Me the Money!" An esteemed panel of funders will share their perspectives and present suggestions on strategies to tap into existing resources to fund implementation of these programs at the local level.

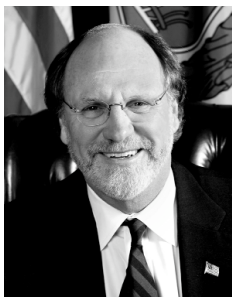
In addition, there is an exhibition area open throughout the entire Conference. Conference presenters will display information specific to their respective programs. Information about other best practice programs will be available.

NEW JERSEY ASSOCIATION OF COUNTY
Youth Services Commission Administrators
Conference committee members

Christine Henderson Rose
Richard Seitz
Nancy Chard-Jones
Ellen Cohen
Jim Groff
Polly Viventi
Creighton Drury
Paula Bloom
Madruge Henriguez
Lisa Macaluso
Kylthia Roberts
Patricia Walker

NJACYSC-Somerset County
NJACYSC-Ocean County
NJACYSC-Gloucester County
NJACYSC-Monmouth County
NJACYSC-Burlington County
NJACYSC-Cumberland County
Department of Law and Public Safety
Department of Education
Juvenile Justice Commission
Juvenile Justice Commission
Juvenile Justice Commission
Juvenile Justice Commission





Dear Colleagues and Friends:

I am pleased to welcome you to our Blueprints for Safe Streets & Schools Conference. On behalf of my staff and our many partners, I would like to thank you for your participation in this important gathering to promote awareness through the use of evidence-based programs in your communities and in your approaches to serving youth and families.

In our efforts to enhance public safety, one year ago I introduced New Jersey's Strategy for Safe Streets & Neighborhoods, which places emphasis on the core strategy of Prevention. As part of this initiative, the Prevention Strategy highlights and encourages the funding and implementation of evidence-based best practices and model programs such as those identified by the U.S. Department of Justice's Office of Juvenile Justice and Delinquency Prevention. Consistent with the goals and principles of the Prevention Strategy for Safe Streets & Neighborhoods, evidence-based programs and practices are proven to enhance accountability, improve public safety, and reduce juvenile delinquency.

I am pleased to report that, as part of this focus on evidence-based programs, we have already begun to expand their availability in New Jersey and we will continue to do so as implementation of the Prevention Strategy unfolds. This Conference is an opportunity to focus our collective attention on some of the model programs that are making a difference. It also serves as a venue to begin constructive dialogue about strategies for expanding the availability of evidence-based programs throughout New Jersey.

As we strive to provide meaningful and positive opportunities for youth and families — opportunities that “prevent” them from falling victim to the false lure of gangs and violent behavior — I am encouraged by the fact that we already have so many dedicated individuals, schools, and community and faith-based organizations working to offer these opportunities. Better understanding and utilizing evidence-based programs in our work will only improve our ability to provide meaningful opportunities to our children and families.

Thank you for your role in developing Blueprints for Safe Streets & Schools. Please enjoy the conference.

Sincerely,

Jon S. Corzine
Governor



Dear Conference Participants:

Welcome to Blueprints for Safe Streets & Schools: The Governor's Conference on Delinquency Prevention. I am particularly pleased to be joining you for this two-day forum to explore and examine a number of the programs and practices that are already proving to create positive and stable futures for young people and their families. These types of programs are critical not only to ensuring brighter futures but also to increasing public safety and preventing adolescent crime and violent activity in all corners of our state.

Over the past year, my staff, in close partnership with numerous State departments and agencies, community and faith-based organizations, schools, and others, has been working to implement the Prevention component of Governor Corzine's Strategy for Safe Streets & Neighborhoods. A key strategy of the Prevention Plan is to expand the availability of resources and technical assistance to communities seeking to replicate Model Programs and Best Practices. Model Programs such as the Nurse Family Partnership, Gang Prevention Through Targeted Outreach, and Functional Family Therapy – just a few of the many being highlighted during this conference – are already producing results here in New Jersey. We are excited by this success and its resulting momentum to replicate evidence-based programs and create a clear pattern of positive outcomes for New Jersey's children and families.

Thank you to everyone who has collaborated with the Office of Attorney General to make this conference a reality. I would like to extend a special word of appreciation to the Association of County Youth Services Commission Administrators for its leadership in planning for this event. Most importantly, thanks to all of you in attendance for participating in this meaningful and constructive conversation about the use of evidence-based programs in our delinquency prevention work. I am confident that the events of these two days will be inspiring and provide us with valuable information and the tools necessary to build upon our efforts across the state and in our respective communities.

Sincerely,

A handwritten signature in black ink, which appears to read "Anne Milgram". The signature is fluid and cursive.

Anne Milgram
Attorney General



Dear Friends:

Prevention is the key to helping our young people succeed. Every year through the hard work of our partners in New Jersey's counties and municipalities, the Juvenile Justice Commission (JJC) reaches over 10,000 young people throughout the state by funding delinquency prevention programs. Many of those young people go on to lead successful lives without further contact with the juvenile justice system. These are true success stories.

The Governor's Conference on Delinquency Prevention, Blueprints for Safe Streets and Schools gives us a unique opportunity to learn about, promote and adopt evidence-based approaches to support our young people and their families. By modeling our efforts after programs that have proven success records, we can more quickly and effectively provide meaningful services to children that prevent their contact with the justice system and for those who are justice system involved, reduce recidivism.

I want to thank Governor Corzine, Attorney General Milgram and the Association of County Youth Services Commission Administrators for lending their support to this important conference.

I extend my wishes to all the conference attendees for a successful event that will exceed your expectations I know that you will be motivated to take home useful information to your communities to help your young people succeed.

Very truly yours,

A handwritten signature in dark ink that reads "Veleria N. Lawson". The signature is fluid and cursive, with a long horizontal stroke at the end.







Veleria N. Lawson
Executive Director

SCHEDULE AT A GLANCE







TUESDAY, OCTOBER 28

TIME	TRACK/SESSION TITLE	SPEAKER
8:30 - 9:30	Registration and Continental Breakfast	
9:30 - 10:00	Conference Introductions	Christine Rose, Rich Seitz, Co-Chair, NJACYSCA Veleria N. Lawson, Executive Director, NJ Juvenile Justice Commission Creighton Drury, Director, NJ Gang Prevention Strategies Governor Jon S. Corzine (invited)
10:00 - 11:00	Keynote: A Basis for Hope	Pedro Noguera, Metropolitan Center for Urban Education
11:15 - 12:30	AM workshops:	
	 Strengthening Families	Cathy Hockaday, Janet Bloodgood, Jeanie Ahearn Green
	 CASASTART	Lawrence Murray
	 Truancy Reduction Program	Ken Seeley
	 Engaging Disengaged Youth	Greg Long, Donna Snyder
	 Parents as Teachers	Sue Stepleton, Michelle LaRue
	 Olweus Bullying Prevention Program	Marlene Snyder
12:30 - 2:00	Lunch & Keynote Address	Creighton Drury, Director, NJ Gang Prevention Strategies
2:15 - 3:30	PM workshops:	
	 Multisystemic Therapy	Susan Pribyson, Julianne Jean, Karen Fennell
	 Developing Safe and Civil Schools	Maurice Elias, Larry Levrett, Ed Dunkleblau
	 OJJDP's Comprehensive Gang Model	Buddy Howell
	 Big Brothers Big Sisters Mentoring	Joseph Radelet, Sue Sedivec
	 Implementing a Nurse-Family Partnership Program	Peggy Hill
	 Community Assessment	Marcia Cohen
3:30 - 5:00	Networking with the Experts	

WEDNESDAY, OCTOBER 29

TIME	TRACK/SESSION TITLE	SPEAKER
8:00 - 9:00	Registration and Continental Breakfast	
9:00 - 9:15	Welcome	Creighton Drury, Director, NJ Gang Prevention Strategies Anne Milgram, Attorney General
9:15 - 10:00	Making the Case	Dorothy Stoneman, Founder & President, YouthBuild USA
10:15 - 11:30	AM workshops:	
	 Functional Family Therapy	Jose Malave, Elaine Herzog
	 I Can Problem Solve	Mary Beth Johns
	 YouthBuild	Dorothy Stoneman
	 Gang Prevention Through Targeted Outreach	Joseph Mollner
	 Preventing Drug Abuse and Violence through Life Skills Training	Gilbert Botvin
	 Girls Circle	Kitty Tyrol, Jen Yawger
11:30 - 1:00	Lunch & Keynote Address	Marcia Cohen, Research & Evaluation Development Services Group
1:00 - 3:00	The Pot at the End of the Rainbow: Show Me the Money!	Kimberly Ricketts, Acting Commissioner Irene Cooper-Basch, Ross Danis, Mark Valli

WORKSHOP THEMES

-  Engaging Families
-  School Engagement
-  Mobilizing Communities Around Planning
-  Social Bonding (afterschool programs, service learning, engaging kids in the community)
-  Healthy Families
-  Conflict Resolution & Bullying

WORKSHOP DESCRIPTIONS

TUESDAY, OCTOBER 28

9:30 - 11:00

(Keynote)

A Basis For Hope: Perspectives on Developing Blueprints for Safe Streets & Schools

Pedro Noguera, Ph.D.

Professor, Steinhardt School of Education at NYU &

Executive Director, The Metropolitan Center for Urban Education

An urban sociologist with a focus on issues such as the influence of social and economic conditions on schools and student achievement, youth violence, and school reform, Dr. Noguera will offer evidence and perspectives to guide attendees in shaping their views and develop strategies for safe streets and schools in our communities. Dr. Noguera will examine the realistic nature of existing challenges while also depicting a tangible portrait of hope about what can be done to ensure that our children and families are safe and successful.

11:15 - 12:30

(Workshop # 1)

Strengthening Families Program: Implementation and Evaluation of Evidence-based Practice in Community Settings

Cathy Hockaday, Ph.D

Partnerships in Prevention Science Institute

Jeanie Ahearn Greene, Ph.D., MSW

Ahearn Greene Associates

Janet Bloodgood, Ph.D

Executive Director

Community Prevention Resources (Warren County)

Strengthening Families Program (SFP), (Kumpfer & et al., 2000) is a 14-session SAMHSA approved evidence-based skills building substance abuse prevention program designed specifically for high-risk children. These developmentally appropriate sessions, for families with children ages 3-5, 6-11 and 12-16, are broken into through three curricula; Parent Skills Training, Children's Skills Training and Family Life Skills Training. Multiple replications of SFP by independent evaluators have found that SFP is effective in reducing multiple risk factors for drug abuse, mental health problems, and delinquency. This session will provide an overview of the program and its proven effectiveness. Particularly salient, will be the findings from 54 community-based sites across New Jersey that delivered SFP from 2000-2007, funded through the New Jersey Division of Addiction Services.

TUESDAY, OCTOBER 28

(Workshop # 2)

CASASTART: An Effective Prevention Model for High-risk Youth

Lawrence F. Murray

Vice President and Director of Youth Programs

The National Center on Addiction and Substance Abuse at Columbia University

CASASTART is a comprehensive program aimed at helping high-risk children, between the ages of 8-13, to succeed in school and prevent them from becoming involved in substance abuse, violence or delinquent behavior. It uses a youth development approach and a working partnership of local schools, human service organizations and law enforcement to help the youth most at risk in the participating schools avoid becoming involved in substance abuse, violence or delinquent behavior.

(Workshop # 3)

Truancy Reduction: Best Practices and Policies

Ken Seeley, President

The National Center for School Engagement

The Colorado Foundation for Families & Children

Information will be presented on the causes and associated issues of truancy as the first and best indicator that a child could be heading for delinquency and drop out. Best practices and policies will be presented based on ten years of research from the National Center for School Engagement. Strategies are meant for implementation to elementary through high school age children, using models of community-based solutions and collaboration between schools, courts, and law enforcement agencies.

(Workshop # 4)

Engaging Disengaged Youth: Activating Young People through Service Learning

Gregory Long, MA

Program Consultant

Lions Clubs International Foundation

Donna Snyder, M.Ed.

Director of Field Services

Developing Safe And Civil Schools Project

Alienation and detachment increase the likelihood of young people making poor decisions and choices. Even disenfranchised youth want to be a part of something positive and significant. They also want to be viewed in a positive way by others, and they want to know that their actions count. Service-Learning provides an exceptional application for the development and refinement of skills and civic engagement. This session will build on a growing body of literature and provide strategies, planning sheets, and other tools for integrating Service-Learning across your curriculum – or in your youth serving agency.

TUESDAY, OCTOBER 28

11:15 - 12:30

(Workshop # 5)

Parents as Teachers: Preventing Delinquency by Starting Early

Sue Stepleton, Ph. D

Parents as Teachers National Center

Michelle LaRue, MPH

Parents as Teachers National Center

This workshop examines the critical link between parent education and delinquency prevention. Parent education starts at pregnancy and continues to the child starting kindergarten. Learn how parent educators are able to set the stage for healthy social and emotional growth of both the parent and the child, by presenting research-based child development information in a personal visit setting. A description of program implementation and evidence-based outcomes from Parents as Teachers programs in New Jersey and across the nation will be provided.

(Workshop # 6)

Olweus Bullying Prevention Program (OBPP): Building a Safe School Environment

Marlene Snyder, Ph.D.

National Director of Development

Olweus Bullying Prevention Program

With over thirty-five years of research and successful implementation all over the world, the Olweus Bullying Prevention Program (OBPP) has been proven to prevent and reduce existing bullying behavior in school settings. OBPP also improves personal relationships that help build a safe environment for positive student learning and personal development. OBPP is a model Blueprints for Violence Prevention program. This session will be an overview of the program, including goals, principles, and components of the program, assessment tools and materials for implementation, and requirements for implementation with fidelity.

12:30 - 2:00

(Keynote)

Blueprints for Safe Streets, Schools & Neighborhoods in New Jersey: The Prevention Strategy

Creighton Drury

Director, NJ Gang & Crime Prevention Strategies

Assistant Attorney General

NJ Department of Law & Public Safety

Governor Corzine's Strategy for Safe Streets & Neighborhoods singles out "Prevention" as one of its core strategies in the campaign to increase public safety and reduce violence and gang activity throughout the state. Creighton will explore how this initiative is unfolding in New Jersey, including a discussion about what this means for each of us and what this means for the use of evidence-based programs like the ones being examined during this Conference.

TUESDAY, OCTOBER 28

2:15 - 3:30

(Workshop # 7)

Multisystemic Therapy; Enhancing Home-Based Outcomes

*Susan Pribyson, MSW
Vice President of New Business
Community Solutions*

*Julienne Jean, PD
New Jersey MST Program Director
Community Solutions*

*Karen Fennell
New Jersey MST Clinical Supervisor*

This workshop will focus on partnerships between juvenile justice systems and community providers and how it can lower recidivism rates for serious juvenile offenders. It will provide an overview of the Multisystemic Therapy model (MST), showing how cost effective and outcome focused treatment, targeted at serious juvenile offenders, can sustain long lasting results in reducing recidivism and improving communities.

The juvenile justice system in New Jersey has implemented the home-based service, Multisystemic Therapy Model. The model of MST has produced long term outcomes in changing how youth offenders function in their natural settings, including at home, school and in their neighborhood.

(Workshop # 8)

Developing Safe and Civil Schools: Promoting Social-Emotional and Character Development to Establish Safe Schools and Prevent Delinquency

*Maurice Elias, Ph.D
Clinical Psychology/Interdisciplinary Health
Rutgers University*

*Larry Levrett, E.dD
Executive Director, Panasonic Foundation
Secaucus, New Jersey*

*Ed Dunkleblau, Ph.D
The Institute for Social-Emotional Learning*

Schools that provide students with opportunities for positive recognition, a sense of pride and purpose, and ways to have voice and make contributions substantially reduce risks for delinquency and violent behavior. Further, as these schools systematically foster students' social-emotional and character development (SECD), risks are reduced even more and academic success is more likely.

Learn how the Center for Safe and Civil Schools works with schools to become challenging, supportive, and engaging. The presentation will include an overview, video examples of specific interventions to improve schools, how to get buy-in, and how to organize ongoing, job-embedded professional development to ensure sustainability.

WORKSHOP DESCRIPTIONS

TUESDAY, OCTOBER 28

2:15 - 3:30

(Workshop # 9)

Office of Juvenile Justice and Delinquency Prevention's Comprehensive Gang Model: Addressing Community Gang Problems

Buddy Howell, Ph. D
Senior Research Associate
National Youth Gang Center

This session will familiarize participants with the Comprehensive Gang Prevention, Intervention, and Suppression Model developed by the Federal Office of Juvenile Justice and Delinquency Prevention (OJJDP). The information that will be covered includes a brief history of the Comprehensive Gang Model, key features of the model, how it is implemented, and research supporting its effectiveness. Conference participants will be provided a CD of the 2008 OJJDP publication on the model: Best Practices to Address Community Gang Problems: OJJDP's Comprehensive Gang Model.

(Workshop # 10)

Big Brothers Big Sisters Mentoring— A Relationship-Centered Prevention Strategy

Joseph Radelet
Big Brothers Big Sisters of America

Sue Sedivec
Executive Director
Big Brother Big Sisters of Ocean County

With over 250,000 one-to-one mentoring matches, a 104 year history, and 395 branches, Big Brothers Big Sisters (BBBS) is the most experienced and largest mentoring organization nationwide. Participants will receive an overview of the BBBS Service Delivery Model, the challenges the BBBS face, how to partner with other youth service organizations, how to measure the strength of relationship between Bigs and Littles, and how to measure impacts related to strengthening positive family ties, increasing education impacts and reducing risk behaviors related to delinquency.

(Workshop # 11)

Implementing a Nurse-Family Partnership Program: Helping At-Risk Parents

Peggy Hill
Director of Program Development
The Nurse-Family Partnership National Office

Nurse-Family Partnership, a home visitation program for first-time, low-income parents, has proven to prevent delinquency and to help new families to be successful. This session will provide detailed information about the program model and how to launch the program in your community or agency.

(Workshop # 12)

Community Assessment

*Marcia Cohen, Vice President
Research and Evaluation
Development Services Group, Inc.*

This workshop will provide an overview of how to prepare communities to conduct risk and resource assessments, prioritize risk factors and assess gaps in the prevention continuum in order to develop a community vision and comprehensive delinquency prevention plan.

3:30 - 5:00

Networking with the Experts

Program presenters will be available to meet with you after the workshops on Tuesday to answer your specific questions about their programs. Join them for a late afternoon snack.

WEDNESDAY, OCTOBER 29

9:15 - 10:00

(Keynote)

Making the Case: Advocating to Change Lives

*Dorothy Stoneman, Ph.D.
Founder & President, YouthBuild USA*

Join us for this inspiring and telling exploration of the YouthBuild story and movement. As the founder and president of YouthBuild USA, which is the national intermediary and support center for 226 YouthBuild programs nationwide, Dr. Stoneman has committed her life to improving communities and helping young people to positively transform their lives. The success of YouthBuild, in part, is attributable to its ability to “make the case” through the use of evidence and outcomes data to demonstrate that its students are succeeding and communities are improving. Dr. Stoneman will share her perspective on the critical role of data and evidence, not only in demonstrating success, but in improving and planning for future success as well.

10:15 - 11:30

(Workshop # 13)

Functional Family Therapy (FFT): An evidence based family-based model for working with at risk adolescents and their families

*Jose Malave, Jr., LMSW
FFT National Trainer and Consultant
Seattle, Washington*

Functional Family Therapy (FFT) is an empirically grounded, well-documented and highly successful family intervention for at-risk and juvenile justice involved youth. FFT is one of the nationally recognized Blueprints programs. It is also one of the only interventions named by the US Surgeon General as a model program for seriously delinquent youths. This workshop will explore FFT’s relational “Family First” based approach vs. traditional problem focus approaches to addressing clinical problems; major components of FFT/Summary of the FFT Model principles or “Attitude”; the FFT Clinical “lens”.

WEDNESDAY, OCTOBER 29

10:15 - 11:30

(Workshop # 14)

I Can Problem Solve: Children and Everyday People Problems

Mary Beth Johns
Trainer/Consultant

This award winning and nationally recognized violence prevention program offers a practical approach to help most children learn to evaluate and deal with their everyday “people” problems. The underlying goal of I Can Problem Solve (ICPS) is to help children learn how to think not what to think. Have you ever wanted to have more children in learning situations “thinking,” waiting, sharing and taking turns? These are some of the benefits for teachers and children who learn the ICPS way of communicating. Children in the ICPS program will learn how to cope with frustration, their anger and emotional upsets thus leading to a more positive classroom atmosphere and a deepening of insight into children’s thoughts and feelings.

(Workshop # 15)

YouthBuild

Dorothy Stoneman
Founder & President, YouthBuild USA

Hear about the nuts and bolts as well as the heart and soul of how YouthBuild works to help disadvantaged young adults “flip the script” of their lives through a comprehensive combination of education, work experience, skills training, community service, personal counseling, supportive peer groups, caring adult mentors, asset development, and leadership development. Three New Jersey YouthBuild students and graduates will join the founder of YouthBuild in explaining exactly how the program changed their attitudes, identities, aspirations, and real life prospects.

(Workshop # 16)

Gang Prevention Through Targeted Outreach: A Community Wide Strategy

Joseph Mollner
Senior Director, Delinquency Prevention
Boys & Girls Clubs of America

Gang Prevention Through Targeted Outreach is a comprehensive gang prevention initiative that uses effective techniques and strategies to direct at-risk youth to positive alternatives. This effort begins with mobilizing community leaders and Boys & Girls Club staff to discuss local gang issues, design a community-wide strategy and clarify their roles. Through a referral network with courts, police, and other juvenile justice agencies, schools, social service agencies and community organizations, as well as through direct outreach efforts, young people identified as at risk are recruited and mainstreamed into Boys and Girls Club program activities as a diversion from anti-social gang activity. Staff professionals assess individual strengths, interests and needs and establish a bond of trust necessary to create a positive sphere of influence and a long-lasting mentor relationship.

WEDNESDAY, OCTOBER 29

(Workshop # 17)

Girls Circle: Promoting Resiliency in Adolescent Girls

*Kitty Tyrol
Senior Training Managers
Girls Circle Association*

*Jen Yawger
Program Specialist
Somerset County Office of Youth Services*

Girls Circle is a model of structured support groups for girls ages 9-18 years. It is designed to foster self-confidence, help girls maintain an authentic connection with peers and adults in their community, and addresses the risk factors and needs of girls in a format that builds on girls' strengths and develops resiliency through verbal sharing and creative activity. This "experiential" workshop provides Girls Circle theoretical framework of relational theory, resiliency and skill building techniques utilizing a strength-based approach; experience of the Girls Circle format; an overview of the key strategies to providing "safehouses" for girls; successful implementation models and steps for organizations and communities; A description of the Girls Circle nine program curricula; 2004–2007 Research findings in diverse communities across the U.S.

(Workshop # 18)

Preventing Drug Abuse and Violence through Life Skills Training

*Gilbert J. Botvin, PhD
Professor and Director, Institute for Prevention Research
Cornell University, Weill Medical College*

Advances in prevention research have led to the identification of effective approaches for reducing youth tobacco, alcohol, and illicit drug use. The most extensive researched and effective is Botvin's LifeSkills Training (LST) Program. This presentation by Dr. Botvin, will describe the LifeSkills training approach, its availability for elementary, middle, and high school students. It is also available for adolescents in the workplace and for parents. Challenges to taking evidence-based prevention to scale and guidelines for practice will be discussed.

WORKSHOP DESCRIPTIONS

11:30 - 1:00

(Keynote)

The Model Programs Guide: A How-To in Best Practices

*Marcia Cohen, Vice President
Research and Evaluation
Development Services Group, Inc.*

Model Program Guide is designed to assist practitioners and communities in implementing evidence-based prevention and intervention programs that can make a difference in the lives of children and communities. The MPG database of evidence-based programs covers the entire continuum of youth services from prevention through sanctions to reentry. The MPG can be used to assist juvenile justice practitioners, administrators, and researchers to enhance accountability, ensure public safety, and reduce recidivism. The MPG is an easy-to-use tool that offers a database of scientifically-proven programs that address a range of issues, including substance abuse, mental health, and education programs.

1:00 - 3:00

The Pot at the End of the Rainbow: Show Me the Money

Remarks:

*Kimberly Ricketts, M.Ed
Acting Commissioner,
NJ Department of Children and Families
Trenton, New Jersey*

Panel Members:

*Irene Cooper-Basch, Executive Director
Victoria Foundation
Glen Ridge, New Jersey*

*Ross Danis, Program Director
Geraldine R. Dodge Foundation
Morristown, New Jersey*

*Mark Valli, President and CEO
NJAfter3, Inc.
New Brunswick, New Jersey*

Excited about a program and anxious to bring it to your agency, school or community, but faced with the question about funding implementation and sustaining the effort? Representatives from government, corporate and private foundations will be sharing their perspectives on strategies for identifying and obtaining necessary resources.

Big Brothers Big Sisters

Big Brothers Big Sisters (BBBS) is a federation of more than 420 agencies that serve children and adolescents. The basic concept of the BBBS program is not to ameliorate specific problems, but to provide support in all aspects of young people's lives through a professionally supported one-to-one relationship with a caring adult. In the community-based traditional program the volunteer mentor commits substantial time to the youth, meeting for about four hours, two to four times a month, for at least one year. During their time together, the mentor and youth engage in developmentally appropriate activities that include walking; visiting a library; washing the car; playing catch; grocery shopping; watching television; attending a play, movie, school activity, or sporting event; or just hanging out and sharing thoughts.

Boys and Girls Club-Gang Prevention Through Targeted Outreach

The overall philosophy of the program is to give at-risk youths ages 6 to 18 what they seek through gang membership (supportive adults, challenging activities, and a place to belong) in an alternative, socially positive format. There are four components of the initiatives as stated by the Boys and Girls Clubs of America (BGCA): 1) community mobilization of resources to combat the community gang problem; 2) recruitment of 50 youths at risk of gang involvement (prevention) or 35 youths already involved in gangs (intervention) through outreach and referrals; 3) promoting positive developmental experiences for these youths by developing interest-based programs that also address the youths' specific needs through programming and mainstreaming of youths into the Clubs; and 4) providing individualized case management across four areas (law enforcement/juvenile justice, school, family, and Club) to target youths to decrease gang-related behaviors and contact with the juvenile justice system and to increase the likelihood that they will attend school and improve academically.

CASASTART

CASASTART (Striving Together to Achieve Rewarding Tomorrows), formerly known as Children at Risk, is a community-based, school-centered program designed to keep high-risk 8- to 13-year-old youths free of substance abuse and criminal involvement. It is based on the assumption that, while all preadolescents are vulnerable to experimentation with substances, those who lack effective human and social support are especially vulnerable. CASASTART seeks to build resiliency in youths, strengthen families, and make neighborhoods safer for children and their families. The program employs a positive youth development framework and uses intensive case management to coordinate and provide services to counteract the various factors that make children vulnerable to substance abuse and delinquency.

Developing Safe and Civil Schools

The Developing Safe and Civil Schools: A Social-Emotional Learning Initiative (DSACS) is designed to build local educational resources for improving SEL conditions in the participating school districts. Current SEL-related efforts in schools include character education, bullying and violence prevention, substance abuse prevention, counseling and related services and other SEL curriculum programs, positive behavior supports and efforts toward school-wide positive recognition of students, and service learning. Funds for the Developing Safe and Civil Schools: A Coordinated Approach for Social-Emotional and Character Development were provided in full by a grant to the New Jersey Department of Education from the United States Department of Education, Safe and Drug-Free Schools Program.

PROGRAM DESCRIPTIONS

Functional Family Therapy

Functional Family Therapy (FFT) is a family-based prevention and intervention program for dysfunctional youths ages 11 to 18 which has been applied successfully in a variety of multi-ethnic, multicultural contexts to treat a range of high-risk youths and their families. It integrates several elements (established clinical theory, empirically supported principles, and extensive clinical experience) into a clear and comprehensive clinical model. The FFT model allows for successful intervention in complex and multidimensional problems through clinical practice that is flexibly structured and culturally sensitive.

Girls' Circle

Girls' Circle is a structured support group that addresses the specialized needs of girls ages 9–18 by integrating relational-cultural theory (RCT), resiliency practices, and skills training into a specific format designed to increase positive connection, personal and collective strengths, and competence in girls. It aims to counteract social and interpersonal forces that impede girls' growth and development and has been used since 1994 in a broad spectrum of settings with diverse female populations and programs.

I Can Problem Solve

This school-based intervention trains children in generating a variety of solutions to interpersonal problems, considering the consequences of potential solutions, and recognizing thoughts, feelings, and motives that lead to problem situations. The program is appropriate for all children but it is especially suitable for young (ages 4 and 5), poor, and urban students who may be at the highest risk for behavioral dysfunctions and interpersonal maladjustment. The program was originally designed for use in nursery school and kindergarten, but it has also been successfully implemented through the sixth grade. Throughout the intervention instructors use pictures, role-playing, puppets, and group interaction to help develop students' thinking skills. Children's own lives and problems are used as examples when teachers demonstrate problem-solving techniques.

LifeSkills Training

LifeSkills Training (LST) is a classroom-based tobacco, alcohol, and drug abuse prevention program for upper elementary and junior high school students. LST targets individuals who have not yet initiated substance use. The program is designed to prevent the early stages of substance use by influencing risk factors associated with substance abuse, particularly occasional or experimental use. The LST approach is based on the latest scientific evidence, teaching general personal and social skills in combination with drug resistance skills and normative education.

Multisystemic Therapy

Multisystemic Therapy (MST) typically uses a home-based model of service delivery to reduce barriers that keep families from accessing services. Therapists have small caseloads of four to six families; work as a team; are available 24 hours a day, 7 days a week; and provide services at times convenient to the family. The average treatment involves about 60 hours of contact during a four month period. MST therapists concentrate on empowering parents and improving their effectiveness by identifying strengths, developing natural support systems (e.g., extended family, neighbors, friends, church members) and removing barriers (e.g., parental substance abuse, high stress, poor relationships between partners).

Nurse Family Partnership

Nurse Family Partnership (NFP) provides first-time, low-income mothers, of any age, with home visitation services from public health nurses. NFP nurses work intensively with these mothers to improve maternal, prenatal, early childhood health, and well-being with the expectation that this intervention will help achieve long-term improvements in the lives of at-risk families. The intervention process is effective because it concentrates on developing therapeutic relationships with the family and is designed to improve five broad domains of family functioning.

Parents as Teachers

Parents as Teachers (PAT) is an international, early childhood, parent education and family support program serving families from pregnancy until their children enter kindergarten. PAT targets families from all socioeconomic backgrounds and from rural, urban, and suburban communities. The program is designed to enhance child development and school achievement through parent education accessible to all families. It adapts to fit the needs of the community.

Strengthening Families Program: For Parents and Youth 10-14

The Strengthening Families Program: For Parents and Youth 10–14 (SFP 10–14) is an adaptation of the Strengthening Families Program. Formerly called the Iowa Strengthening Families Program, the program aims to reduce substance use and behavior problems during adolescence through improved skills in nurturing and child management by parents and improved interpersonal and personal competencies among youth. SFP 10–14 consists of seven 2-hour sessions for parents and youths. The parents and children attend separate skill-building groups for the 1st hour and spend the 2nd hour together in supervised family activities.

Title V-Community Assessment

Established by Congress in 1992, the Title V Program supports state and local efforts to reduce risk factors associated with juvenile delinquency and enhance protective factors that promote healthy personal and social development. To date, nearly 1,700 communities have received funding through Title V formula-based allocations to the states.

YouthBuild, Inc.

In YouthBuild programs, low-income young people ages 16–24 work toward their GED or high school diploma while learning job skills through building affordable housing for homeless and low-income people. Strong emphasis is placed on leadership development and community service. Most YouthBuild students come from challenging circumstances and many have had experience with gangs, foster care, juvenile justice, welfare, and even homelessness. Participants spend 6 to 24 months in the full-time program, dividing their time between the construction site and the classroom. Community and faith-based nonprofit organizations sponsor most programs, although some are sponsored by public agencies. Each YouthBuild program raises private and public funds to support itself. Primary support comes from the U.S. Department of Labor through a dedicated federal line item.

FACULTY

Barbara Adolphe

Center for Prevention and Counseling
Newton, NJ
(973) 383-4787
info@centerforprevention.org

Janet Bloodgood, Ph.D

Executive Director
Community Prevention Resources
Washington, New Jersey
(908) 835-1800
Janet.bloodgood@cprwc.com

Gilbert J. Botvin, Ph.D

Professor and Director
Institute for Prevention Research
Cornell University, Weill Medical College
New York, New York
(212) 746-1270
gibotvin@aol.com

Irene Cooper-Basch

Executive Director, Victoria Foundation
Glen Ridge, New Jersey
(973) 748-5300

Marcia Cohen

Vice President, Research and Evaluation
Development Services Group, Inc.
Bethesda, Maryland
(301) 951-0056
mcohen@dsgonline.com

Ross Danis

Program Director, Geraldine R. Dodge Foundation
Morristown, New Jersey
(973) 540-8442

Ed Dunkleblau, Ph.D

The Institute for Social-Emotional Learning
(847) 803-6166
ed@teacheq.com

Maurice Elias, Ph.D

Clinical Psychology/Interdisciplinary Health
Rutgers University
(732) 445-2444/2056
mjeru@aol.com

Karen Fennell

New Jersey MST Clinical Supervisor
Newark, New Jersey

Jeanie Ahearn Greene, Ph.D, MSW

Ahearn Greene Associates
Olney, Maryland
(240) 460-3931
jgreene@ahearngreene.com

Elaine P. Herzog, Ed.D

Director, Child and Adolescent Services
University Behavioral HealthCare, UMDNJ
Piscataway, New Jersey
(732) 235 5720
herzogep@umdnj.edu

Peggy Hill

Director of Program Development
The Nurse-Family Partnership National Office
Denver, Colorado
(866) 864-5226
peggy.hill@nursefamilypartnership.org

Cathy Hockaday, Ph.D

Partnerships in Prevention Science Institute
Iowa State University
Ames, Iowa
(515) 294-7601
hockaday@iastate.edu

Buddy Howell, Ph.D

Senior Research Associate
National Youth Gang Center
Tallahassee, Florida

Julienne Jean

Program Director
New Jersey Community Solutions MST Program
Newark, New Jersey

Mary Beth Johns

Trainer/Consultant
Hockessin, Delaware
(302) 892-5827
Marybeth.willis@state.de.us

Michelle LaRue, MPH

Parents as Teachers National Center
St. Louis, Missouri
(314) 432-4330

Larry Levrett Ed.D

Panasonic Foundation
Secaucus, New Jersey
(201) 392-4131
llevrett@foundation.us.panasonic.com

Gregory Long, MA
 Program Consultant
 Lions Clubs International Foundation
 Newark, Ohio
 (740) 522-6405
GregoryLong@alltel.net

Jose Malve, Jr. LMSW
 FFT National Trainer and Consultant
 Seattle, Washington

Joseph Mollner
 Senior Director, Delinquency Prevention
 Boys & Girls Clubs of America
 Atlanta, Georgia
 (651) 982-6999
jmollner@bgca.org

Lawrence F. Murray
 Vice President and Director of Youth Programs
 The National Center on Addiction and
 Substance Abuse at Columbia University
 New York, New York
 (212) 841-5208
LMurray@casacolumbia.org

Pedro Noguera, Ph.D
 Professor, Steinhardt School of Education at
 NYU & Executive Director, the Metropolitan
 Center for Urban Education
 New York, New York

Susan Pribyson MSW
 Vice President, New Business Community Solutions
 Windsor, Connecticut
 860-683-7123

Joseph Radelet
 Big Brothers Big Sisters of America
 Philadelphia, Pennsylvania
 (215) 567-7000
Joseph.Radelet@bbbs.org

Kimberly Ricketts, M. Ed
 Acting Commissioner,
 New Jersey Department of Children and Family
 Trenton, New Jersey

Ken Seeley, Ph.D
 President, The National Center for School Engagement
 The Colorado Foundation for Families & Children
 Denver, Colorado
 (303) 837-8466 ext 101
kseeley@coloradofoundation.org

Sue Sedivec
 Executive Director
 Big Brother Big Sister of Ocean County
 Lakewood, New Jersey
 (732) 905-5349
bbbsoc@optonline.net

Donna Snyder, M.Ed.
 Director of Field Services
 Rutgers University, Center for Applied Psychology
dsrutgers@aol.com
 (215) 284-7566

Marlene Snyder, Ph.D
 National Director of Development
 Olweus Bullying Prevention Program
 Clemson, South Carolina
 (864) 710-4562
nobully@clemson.edu

Susan S. Stepleton, Ph.D
 Parents as Teachers National Center
 St. Louis, Missouri
 (314) 432-4330
sue.stepleton@parentsasteachers.org

Dorothy Stoneman, Ph.D
 Founder & President, YouthBuild USA
 Somerville, Massachusetts

Shelley Stuart
 Center for Prevention and Counseling
 Newton, New Jersey
 (973) 383-4787
info@centerforprevention.org

Kitty Tyrol
 Senior Training Managers
 Girls Circle Association
 Cotati, California
 (707) 794-9477
kttyrol@girlscircle.com

Mark Valli
 President and CEO, NJAfter3, Inc.
 New Brunswick, New Jersey
 (732) 246-7933

Jen Yawger
 Program Specialist
 Somerset County Office of Youth Services
 Somerville, New Jersey
 (908) 704-6356
Yawger@co.somerset.nj.us

REGISTRATION INFORMATION

ATTENDEE REGISTRATION

Early registration is recommended.

How to Register

Submit one registration form for each individual. Photocopies of additional forms are acceptable. Print clearly or type your information. Please fill out the form completely. Indicate the Session Numbers you plan to attend. Please choose only one class per time period.

Make checks payable to "NJACYSCA" Complete the registration form and mail with payment to:
NJACYSCA Conference
c/o B. Lynch Associates
202 West State Street
Trenton, NJ 08608

Please keep a copy of your completed registration form and bring the copy with you to the registration desk so that you know the sessions for which you registered.

The completed form, along with the proper tuition, must be submitted no later than October 15.

Reservations received after that date and on-site cannot be guaranteed.

Phone orders cannot be accepted. Registration forms received without payment will be returned without processing.

Registrations received before October 15 will receive written confirmation via email. Registrations received after October 15 will NOT receive written confirmation.

All sessions will be filled in the order in which paid registrations are received. Session schedules and faculty are subject to change; NJACYSCA reserves the right to cancel a session due to insufficient enrollment.

Participants will be notified by telephone if a session is filled or

cancelled and given a chance to select another session.

Tuition for the Conference includes continuing education credits, session materials, breakfasts, refreshment breaks, and lunches. Tuition does not include hotel accommodations and incidentals.

Refund Policy

If you must cancel, a request must be made in writing and mailed/emailed/faxed to NJACYSCA. Substitute attendees are encouraged and accepted at any time. Phone cancellations cannot be accepted.

If cancellation is received:

Prior to October 13: refund is **100%**
October 20 through October 24:
refund is **50%**
October 25 and after: **no refund**

If you have special requirements (handicap accessible rooms, menu requests, etc.) please call to discuss.

If you have any questions, please contact Rob Clawson by phone (609) 392-1273 or email rob@blynchassociates.com.

Networking with the Experts

Perhaps you weren't able to attend your first choice workshop or there were so many choices, you couldn't decide. Program presenters will be available to meet with you after the workshops on Tuesday to answer your specific questions about their programs. Join them for a late afternoon snack.

Professional Development

Professional Development credits are available for conference attendees through the Somerset County Office of Youth Services, approved by the New Jersey Department of Education. Please check the required box on the registration form to request a certificate.

CONFERENCE HEADQUARTERS



**Sheraton
Eatontown**
HOTEL

The Conference is being held at the **Sheraton Eatontown Hotel**, Route 35 at Industrial Way East, Eatontown, New Jersey.

Rooms are available Monday night, **October 27** through Wednesday night, **October 29** at this special Conference rate: **\$139** per night, single or double occupancy

All room rates are quoted exclusive of applicable state and local taxes, currently 15%. Attendees are responsible for their own guest room, tax and incidental charges upon checkout. Check-in time is 4 PM and check-out time is 11:00 AM. In the event that you check out prior to your reserved check-out date, an early departure fee of \$75 will be charged to your account. To avoid this fee, you must advise the hotel at or before check-in of any change in your scheduled length of stay.

Contact the Sheraton Eatontown by calling **888-627-7212**.

When making reservations, mention you are participating in the NJACYSCA to receive this rate.

The **deadline** for accepting reservations into this room block is **October 1, 2008**. Reservation requests received after this date will be accepted at the hotel's prevailing rate, based on availability.

CONFERENCE REGISTRATION FORM

To register, please complete this form and send with check, voucher or purchase order.

First Name: _____

Last Name: _____

Please print clearly – this will be used to print your badge

Organization or School: _____

Mailing Address: _____

City/State/ZIP: _____

Primary Telephone: _____ Secondary Telephone: _____

E-mail address: _____

NOTE: Confirmation will be sent via email only

I would like to register for the following:

Cost includes conference registration with meals: breakfast, lunch & breaks

☐ Full Conference - October 28-29, 2008 **\$75.00**

☐ I Day Only _____ (enter day) **\$50.00**

Please indicate the session numbers you would like to attend for each day.

Refer to Conference schedule.

Tuesday, October 28

AM session (1st choice) # _____ (2nd choice) # _____

PM session (1st choice) # _____ (2nd choice) # _____

☐ I will attend the Networking Opportunity with the Experts

Wednesday, October 29

AM session (1st choice) # _____ (2nd choice) # _____

☐ I would like to receive Professional Development credits

Make checks payable to NJACYSCA.

Mail registration form and check, voucher or purchase order to:

NJACYSCA Conference c/o B. Lynch Associates
202 West State Street, Trenton, New Jersey 08608

For additional information or questions, please contact

Rob Clawson at (609) 392-1273 or email, rob@blynchassociates.com

Payment and this form **DO NOT** reserve your hotel.

Contact the Sheraton Eatontown Hotel directly at (732) 542-6500

To receive the discounted hotel rate of \$139 per night, refer to NJACYSCA.

Reservations must be made by October 1st.

Registration forms received without payment will be returned without processing.

FEEL FREE TO COPY AND DISTRIBUTE THIS FORM AS NEEDED.

BLUEPRINTS FOR SAFE STREETS AND SCHOOLS:

the Governor's Conference
on Delinquency Prevention

Sponsored by



NEW JERSEY ASSOCIATION OF COUNTY
Youth Services Commission Administrators